



All Prices include 20% VAT

Our food at the Apple Tree Café is freshly prepared & locally sourced from Cornwall & the West Country

Breakfast 10 to 11.45am

The Pensos	£7.50
Sausage, bacon, fried egg, baked beans, hash brown & toast	
The Vegetarian	£8.50 V
2 quorn sausages, fried egg, baked beans, hash brown & toast	
The Vegan	£8.50 V,VE
2 vegan sausages, tomatoes, baked beans, hash brown & toast	
Grilled Bacon Sarni	£5
(granary or white bread)	
On Toast (granary or white)	£5 V
Scrambled Egg or Baked Beans	
Toast (granary or white)	£2.80 V,VE* (*no butter)
with either marmalade, jam or honey	
Nut Granola & Natural Yoghurt	£4 V
with an apple & blackcurrant compote	
Cinnamon Porridge	£4 V
with milk & honey	

If you have allergen concerns, please let a member of staff know

Free wifi ;) Appletree1

Sandwiches (on granary or white with salad garnish)

Fresh from the Kitchen & Sea

Cornish Brie	£6.50 V
with wild rocket & caramelised onion marmalade	
Warm Chicken and Bacon	£7.50
with our spicy mayonnaise	
Seriously Cornish Crab (when available)	£12
with wild rocket & lemon mayonnaise	
Tuna Mayonnaise & Cucumber	£5
Ham off the Bone & Cornish Cheddar	£6
with apple & courgette chutney	

Homemade Cakes from £2.95

see our cake cabinet on the bar, or ask our staff

Cornish Cream Tea £6.50

2 freshly baked scones, strawberry jam, Trewithen Dairy clotted cream & a pot of tea

TREWITHEN DAIRY

HAPPY HEALTHY CORNISH COWS

Real Dairy Ice Cream



Ice Cream - £2.10
Pop Lollies - £1.80

See blackboard for flavours V, GF, VE

Lunch from 12pm

Vegetarian Soup of the Day (see blackboard)	£5.50 V, GF, VE
with granary, white or GF bread	
Cornish Crab & Saffron Soup	£7.50 GF
with granary, white or GF bread	
Fish Cakes - Salmon & Dill or Mild Curry	£8 GF
with mixed salad & sweet chilli sauce	
Fish & Chips	large £13 small £9.50
Cod in homemade batter served with mushy peas & tartare sauce	
Roasted Beetroot, Chickpea & Feta Salad	£10 V, GF, VE* (*no feta)
with fresh mint & toasted mixed seeds	
Cornish Pasty	£4.40 V
Steak or Power Veggie (spicy spinach, feta, sweet potato)	

Kids

All meals served with a carton of apple or orange juice

Beans on Toast	£4 V, VE
Cheese Sandwich	£4 V
Tuna Mayo Sandwich	£4
Soup of the Day	£4 V, GF, VE
Fish & Chips	£5 GF

Sides

Marinated Olives	£2.80 V, VE
Mixed Salad Bowl	£3.80 V, GF, VE
Bread & Butter	£1.80 V
Chips	£2.95 V, GF, VE