

LUNCH

Soup of the Day £6 (PB, GFO)

Served with Paul's White, Granary or Sourdough

Loaded Fries £9 (PB, GF)

With Salsa, 'Cheese', Avo, Yogurt Dressing & Jalapenos

Beetroot Salad Bowl £9 (PB, GFO)

Leaves, Beetroot, 'Feta', Chick peas, dressed and topped with fresh mint

Raw Salad £9 (PB, GFO, R)

vegetable noodles with cauliflower Tabbouleh salad & Tahini sauce

Open Sandwiches

Mama Dee'a £7.95 (PB, GFO)

With Wild Pesto, Tomatoes, 'Feta', Wild Rocket & Olives

Houmous & Roasted Veg £7.95 (PB, GFO)

With Wild Rocket & Spicy Mayo

Sausage & Smoked Cheese £7.95 (PB, GFO)

Sausage, smoked cheese & red onion marmalade

Coronation Chickpea £7.95 (PB, GFO)

With grated carrot, wild rocket & mango chutney